

Health and Prostate Awareness Events

Event Guidance Manual for Online Booking and Results Retrieval

and Home Testing Kits

**Guidance Manual**

**Contents**

Page Number

**Introduction 3**

**Background 3 - 4**

**How to Get Started 5**

**Organising Home Testing Kits for your Community 6**

**Booking a Home Testing Kit 7**

**Giving back to Charities and Community Groups 8**

**How to Run an Event and after lockdown ends 9 - 11**

**Post Event Activities 12 - 13**

**Conclusion** **13**

**Appendices**

A – INCIDENTALS NEEDED TO RUN AN EVENT 14

B – CONTACT DETAILS 15 - 16

The Doctors Laboratory, Requesting Equipment, Couriers, GFCT / MYPSATESTS

C - PRE-EVENT ORGANISER CHECK LIST 17

D - FOR MEN WHO HAVE NO INTERNET ACCESS 18

E - INFORMATION FOR EVENT HELPERS 19

F - EVENT BOOKING FORMS 20 – 22

G - Instructions how to book YOUR PSA APPOINTMENT online23

h - Instructions how to book YOUR PSA APPOINTMENT online - closed event 24

I – INFORMATION FOR PHELBOTOMISTS 25

J – WHAT HAPPENS NEXT - AFTER YOUR BLOOD TEST 26

K – EXAMPLE OF POSTERS – NO MORE DROP INS PRE BOOK-ONLY AND HOME TESTING

KITS 27 - 28

l – EXAMPLES OF LETTERS [7.4.2020] 28 – 43

mission statement 44

**Introduction**

This manual has been developed as a guide to groups and companies putting on Health Awareness events including Prostate Specific Antigen (PSA), Diabetes (GHB), Cholesterol (LIPP), Thyroid (TF), Liver Function (LFT), Kidney Function (U/E), Female Hormones (GFMP), Vitamin D (VITD) and Vitamin B12 (B12). GFCT’s testing takes place at The Doctors Laboratory (TDL) or a charities own hospital/laboratory.

**Background**

The Graham Fulford Charitable Trust (GFCT Ltd) was formed by Graham Fulford in 2004 having had a very dear friend and a close relative diagnosed with prostate cancer. Sadly, both lost their fight against this insidious disease having, like many, been diagnosed too late. Since inception the Trust has worked closely with various Urologists.

The great advantages of using TDL is the speed of response in getting the results, the flexibility it gives in enabling regular events to be held in local communities and the fact it offers PSA Free to Total Analysis when required.

No matter where the blood is analysed It is essential to understand all other groups will have the full support of GFCT (with the experience gained in holding in excess of 2000 events all over the country).

**How the system works**

All events are now ‘Booking online only’.

Going online helps with men being able to access their results and any past results they have had with the Trust; this is a much quicker and effective method of providing results to the men. When using TDL the majority of results are returned within 48 hours.

If Organisations or Companies have their own micro-website within the My Health Tests website. Having this micro-site allows organisers to have reports on their events.

If phlebotomists are being organised by an organisation or company this will also allow them to see how many people are booked on to their event, giving them the advantage of knowing how many phlebotomists/helpers they need to organise prior to the event.

It also cuts down data inputting errors.

Men will need to register an account with us, which is FREE, once their account has been verified, they then book a PSA test and complete the online questionnaires. At the end of this process, one of two things occur.

1. If GFCT are organising the event the blood forms will be at the event ready for the persons arrival.
2. Other organisers will ask the person to print off their own blood forms and bring it with them.

We strongly recommend that you have the blood forms already printed, as printing can be an issue for some people who do not have internet access. The blood form is unique to them, it holds all the relevant information for the laboratory to process their blood within 4 hours of the laboratory receiving the blood sample.

The people who have booked an appointment will receive reminders prior to the date of the test by email and text messaging.

After the event, the clinicians will overview the results and give us permission to inform the men of their results, [usually 48 hours – occasionally this can take up to 14 days if some organisations use their own hospital laboratories].

The men will then receive an email informing them that their results are now available to view online. They will be able to download and print off their results if they so wish.

If the men do not have access to the internet, they will receive a results letter.

If they do not access their results, the system will send a reminder 7 days after the results can be accessed. If they do not access them within 14 days, the results will be emailed to them. If men have elected to receive their result by post, a letter will be sent to them as requested.

**How to Get Started**

1. Get together a group of like-minded individuals who would “like to make a difference” maybe specialising one of the health areas, such as Prostate Awareness. Prostate cancer support groups are a perfect example.
2. **Discuss with GFCT** contact via phone, email. (details below)

Contact Susan or Kathy

Tel > 01926 419959 (Office hours 10am to 5pm)

Email > [info@tgfct.org.uk](mailto:info@tgfct.org.uk)

Web > [www.tgfct.org.uk](http://www.tgfct.org.uk)

GFCT, 66B Smith Street, Warwick, CV34 4HU

1. Consider holding a “pilot” session in a suitable venue in your locality. Please note GFCT will provide ongoing support and follow up of any “abnormal” letters resulting from this pilot. After the “pilot” session consider setting up an ongoing regular awareness programme. As a guide each test costs up to £35.00 depending upon where in the country you are based. For comparison, if purchasing a test from a laboratory or other clinic in London a PSA test costs varies between £59.00 to £79.00.
2. Local charities such as Freemasons; Rotary and Lions are just 3 of the many sorts of organisations who may be able to help financially. Some Banks do ‘Matched Giving’ Schemes. Lottery funding can be applied for. Just ask around you may be pleasantly surprised by the results! Moreover, you can have voluntary collections at awareness events to help fund future road shows etc.

**Organising Events and or Home Testing Kits for your Organisation or Community**

* + - 1. Contact GFCT via the phone or email

Contact Susan or Kathy

Tel > 01926 419959 (Office hours 09:00 hours to 17:00 hours)

Email > info@tgfct.org.uk

Web > [www.tgfct.org.uk](http://www.tgfct.org.uk)

GFCT, 66B Smith Street, Warwick, CV34 4HU

* + - 1. Decide whether your charity or community group wishes to have a micro-site on our ‘Our Partners’ page. Please visit [www.mypsatests.org.uk](http://www.mypsatests.org.uk)/partners or [www.myhealthtests.org.uk/partners](http://www.myhealthtests.org.uk/partners)
      2. If you require a presence, there is a one off charge of £180.00 which is invoiced by GFCT. The Software Developers invoice GFCT for this work. This can be invoiced separately or deducted from the first payment received from the invoice sent to the organisation for the tests.
      3. If you require a presence on the website, please contact Kathy or Susan who will be able to provide you with more details. [susan@psatests.org.uk](mailto:susan@psatests.org.uk) or [kathy@psatests.org.uk](mailto:kathy@psatests.org.uk) or ring 01926 419959.
      4. Having a micro-site will allow you to have specific parameters, these are based by Post Codes and or Budget.
      5. Decide upon the total maximum budget you will spend.
      6. Decide whether you wish the initiative to be open to everyone in your community or only people living in specific postcodes within your community, or wish to be a private event, allowing only people you wish to attend.
      7. Decide whether you wish the people in your community to have a free test or pay a percentage towards the cost of the test.
      8. Once the above parameters have been decided upon. Contact Kathy or Susan and they will organise an invoice for the amount of monies for the project.
      9. If a company or organisation is holding an event, we require a purchase order number prior to the event being uploaded to the website. This can be either for the entire amount of the budget or stage payments, depending upon your organisation and whether you are just holding an event or organising a Home Testing Kit campaign.
      10. If you are running a HTK campaign, once this invoice has been paid, the system will be opened up for people to book their Home Testing Kit

If you do not wish to have a presence on the ‘Our Partners’ page on the website, you can still set a community discount code, via the GFCT charity page.

**Booking a Home Testing Kit**

**IF BOOKING VIA A CHARITY OR COMMUNITY BUTTON ON THE ‘OUR PARTNERS’ PAGE**

**FIRST STEP**

Go to [www.mypsatests.org.uk](http://www.mypsatests.org.uk)

Register on the website – by providing your email address and a password of your choice.

You will receive an email, you must open this email and click on the verification button within the email.  You can verify your account at this stage or when you receive your results notification.

**IF YOU ARE ORDERING THROUGH A COMMUNITY CHARITY GROUP FOLLOW THESE INSTRUCTIONS:-**

**SECOND STEP**

Go back to the website - Click on the ‘Our Partners’ header.

Click on the Charity Button you are using. For example:- GFCT

Then place an order and put in the code if you have been provided with one.

Then click the plus sign and it will take them through to the contact details page.

Once this is completed you need to complete each page of the medical and consent pages.

Payment section:- If you do not have a PayPal account you can click on the line underneath where it says pay by Debit or Credit card.

**IF YOU ARE ORDERING THROUGH THE MAIN WEBSITE**

**Do the FIRST STEP mentioned above**

Then go back to the website

Go to the log in section and then place an order for a Home Testing Kit

Click on the order and then complete the contact details page.

Once this is completed you need to follow the instructions.

Payment section:- If you do not have a PayPal account you can click on the line underneath where it says pay by Debit or Credit card.

**COMPANIES WISHING TO CARRY OUT HOME TESTING KITS**

Many companies now have shift patterns, the solution would be providing their staff with Home Testing Kits, the cost of these kits are £27.99 each. **WE DO NOT CHARGE VAT.**

**COMPANIES WISHING TO CARRY ON SITE TESTING EVENTS**

The cost of a PSA test carried out on the company premises by a GFCT phlebotomist is up to is £35.00 per test, depending where in the country the testing is taking place. Plus travel expenses and overnight accommodation – if this is required.

**WE DO NOT CHARGE VAT.**

**How to Run an Event?**

1. Locate and book a suitable venue and time. Phlebotomists need to be booked for your event, please speak to Kathy ([kathy@myhealthtests.org.uk](mailto:kathy@myhealthtests.org.uk)) who will confirm we have phlebotomists available. You will need a couple of tables, chairs and a waiting area. Ensure there is an area for the phlebotomists to work. Each phlebotomist requires a table and two chairs. Nearby parking is also an advantage. Please note the emphasis is now on checking overall health and if you are running a specific test for the prostate, the event should be testing the “Health” of your prostate. This should help alleviate some of the worries.
2. When you have spoken and confirmed all arrangements with Kathy Romback and returned the completed booking form to Kathy, your event will be published either under your own micro-site or on the GFCT partner page.
3. GFCT will only put up an event when the necessary forms have been completed and returned to the office. Please visit [www.mypsatests.org.uk](http://www.mypsatests.org.uk)

or [www.myhealthtests.org.uk](http://www.myhealthtests.org.uk) and click on EVENTS to see how this works.

1. Advertise it. Distribute posters and adverts in Pubs, restaurants, barbers, hairdressers, retail shops, supermarkets etc.
2. Organise a pool of helpers and trained operatives (Phlebotomists, Practice Nurses). These can be found by asking round or via your local Doctors surgery by contacting the practise nurse or at a local hospital by contacting the laboratory manager. You may have to at least reimburse expenses for the phlebotomists. Or if GFCT is organising the event, we will arrange phlebotomists.
3. Contact TDL or your hospital/Laboratory to order your Medical Stock. They will send you needles, specimen tubes and sample bags to cover your event. You may decide to run a small event in which case TDL can send you postal kits. If a larger event, then a courier can be arranged through TDL.
4. If you are an organisation who wishes to use your own hospital laboratory.
   * 1. You will need to white label / brand your event and have presence in the Partners Section of the website. This needs to be done via Kathy or Susan who will organise for Empresa our software company to brand your partner page. There is a cost for having your own branding. This covers the software development for the online system accepting your chosen laboratory results.
5. Organise the ‘Incidentals’ shopping list (See Appendices for details). Most can be bought from local Chemists. Tourniquets and Sharps Disposal Boxes can be purchased from the Internet, Amazon etc. However, phlebotomists may bring their own tourniquets, but you need to check, as you can’t run an event without them.
6. We strongly advise that you keep a close eye on your Booking Page and refuse all ‘drop in’ bookings. If you wish to have drop ins, we suggest you have **at least** one computer and linked printer with good WIFI access for men to book on. Please have helpers who are computer literate and can assist men to complete the registration and booking form online. Doing this at an event is time consuming and if the wifi connection is not good, it creates the organisers dreadful problems. Without a blood form to accompany the blood, the blood will be destroyed at the laboratory without testing.
7. Organise fund raising before, during and after the event to cover the cost of that and future sessions.
8. Give your helpers specific roles on the night (it may be worth swapping roles on an event by event basis, so helpers become “multi taskers”). These tasks will include.

Greeting clients as they arrive and explaining how it all works. Ensuring you have an appointment sheet and tick all attendees off who attend the event.

1. Depending on your view, ask for donations to help fund your event.
2. We can collect your donations via PayPal when people book online. PayPal charge us 5% commission. We can deduct the donations – less commission from your invoice if required. Alternatively, if you decide to have your own branding on the website, you can set up your own PayPal account via Empresa Ltd, our website developers.

**HOW TO RUN AN EVENT - PANDEMIC PRECAUTIONS**

* + - 1. The venue should be large enough to space people apart.
      2. Good ventilation should be ensured, open doors and windows.
      3. There should be at least 2 meters space between phlebotomist stations.
      4. If an event such as Covid occurs again, everyone attending events, must wear face masks.
      5. A hand sanitizer will be situated at the door for everyone to use, everyone should use this when entering the room.
      6. Seats will be wiped down between men having their blood taken.  We would require an organiser to assist with this.
      7. No drop-ins allowed, everyone has to have an appointment [no laptops or computers or ipads will be available to access, because of possible cross contamination].
      8. Organiser/s should be situated on the door ensuring men do not enter the venue prior to their appointment.
      9. Ensure the car park is large enough for men to remain in their cars.
      10. The number of nurses will be determined by the number of men booking on the event.
      11. PPE must be worn by all organisers and phlebotomists.

1. All men must arrive at the time of their booking.

**WE RECOMMEND YOU PRINT OFF THIS HELP SHEET – PSA TESTING  
Post Event Activities**

1. Results will be analysed by TDL or your Laboratory who will send the results to Empresa. Men will then be able to access their result online or receive a letter if preferred. Due to clients booking on line, most charities do not allow letters to be sent.

**The PSA Results**

1. These results are provided by a traffic light system [see appendices for examples]:
   * + - 1. GREEN “Green” (normal result-but look out for any symptoms).
         2. AMBER “Amber” (close to the upper ”normal” level for a man of that age-recommended to have a follow up test in 3/6 months); or
         3. RED “Red” (abnormal-not necessarily meaning anything seriously wrong - but should certainly be followed up by a GP).
         4. Amber Alert (normal score but if the percentage increase over the previous score was at the same level next time it would move to Amber).
         5. Red Alert (normal score but if the percentage increase over the previous score was at the same level next time it would move to Red).
         6. Medications Affected Result (this letter is very occasionally used where the medications ticked may affect the score).
         7. Insufficient Bloods (Sometimes unfortunately a laboratory mistake or the phlebotomist couldn’t get a sufficient sample).
2. The Red letters include various information sites and helpline facilities. Access to the Rapid Protocol at Imperial College London Hospital.
3. Results are usually processed within 48 hours.
4. At the end of the event bag up all samples and put in a clear see through bag/box/container for collection by the courier. If posting put them in the postal tube and prepaid envelope. Make sure the **QR CODE PSA BLOOD Request Booking Form** is in with each sample.
5. Please note there will be a follow up of the “red” and “amber” letters after approximately 6 months asking men to participate in an on-going Research Project with the University of Manchester. Please find this questionnaire at www.mypsattests.org.uk/research.
6. Have a “debrief” meeting to discuss how the event went/ and how it might be improved etc. Plan future events with a mindful eye-as ever-on fund raising to cover them! You should expect each test to cost £25.00 to £35.00 per person. If those who can contribute £25 - £30 do so, this means that the fund-raising can go much further!

Keep in touch with GFCT about how things are going on this initiative.

**Conclusion**

Working together we will drive up the number of cancer finds and also find people who have other health issues which will improve the quality of life.

**REMEMBER**

**If you have any questions please contact the office on 01926 419959, we are here to help you at all times.**

**Or email, Susan or Kathy**

[susan@tgfct.org.uk](mailto:susan@tgfct.org.uk)

[kathy@tgfct.org.uk](mailto:kathy@tgfct.org.uk)

**APPENDIX A – INCIDENTALS NEEDED TO RUN AN EVENT**

* This Manual
* Reception desk [situated as close to the entrance point to the event]
* Information sheets [handouts]
* Phlebotomists information sheets [give prior to the event starting]
* Equipment: Computer(s), printer(s), cables, copy paper, spare ink cartridges, Wi-Fi access [via the venue] or Wi-Fi dongle {test everything at the venue prior to the event]
* Medical blood taking equipment [supplied by TDL] Contact details to be found in Appendix B.
  + Equipment required
    - Vacutainer tubes SST/Serum 5 ml Gold (come in 100 per pack)
    - Vacutainer needles 21G Eclipse Green (come in 48 per box)
    - Vacutainer Barrell-White (come in 250 per pack)
    - Specimen Bags

Other Medical Stock which can be sourced via Chemists / Amazon etc.

* Antiseptic hand gel
* Micropore / Cotton wool balls
* Tourniquets [phlebotomists may bring their own – but please check]
* Sharps needles disposal boxes
* Scissors
* Rubbish bags
* Disposable gloves
* Disinfectant spray / cloths for cleaning tables
* Large opaque bags for specimens

Non-Medical Items

* Prostate health information leaflets (can be sourced from Prostate Cancer UK)
* Collection buckets
* Gift Aid Forms

**APPENDIX B – CONTACT DETAILS**

**THE DOCTORS LABORATORY [TDL]**

MEDICAL (BLOOD TAKING) KITS (supplied by TDL) [See Appendix A for specific equipment]

supplies@tdlpathology.com

Tel: 020 7307 7373

Fax: 020 7307 7340

**EXAMPLE OF A TYPICAL EMAIL REQUESTING EQUIPMENT FROM TDL**

* + *Dear Sirs  
      
    Could I please order some supplies. The event is taking place on DATE.*Equipment required
    - Vacutainer tubes SST/Serum 5 ml Gold (come in 100 per pack)
    - Vacutainer needles 21G Eclipse Green (come in 48 per box)
    - Vacutainer Barrell-White (come in 250 per pack)
    - Specimen Bags

*1000 gold top bottles  
1000 needles  
1000 barrels  
1000 clear plastic bags  
All as individual items please.  
To be delivered to: ADDRESS REQUIRED*

**REQUESTING COURIERS TO COLLECT THE BLOODS**

Courier details are; [Steve.Kettle@tdlpathology](mailto:Steve.Kettle@tdlpathology) or [couriers@tdlpathology.com](mailto:couriers@tdlpathology.com)

Please note you need to ask for confirmation.

**GFCT / MYPSATESTS**

Contact Susan or Jon

Tel > 01926 419959 (Office hours 9am to 5pm)

Email > info@tgfct.org.uk

Web > [www.tgfct.org.uk](http://www.tgfct.org.uk)

Booking site > [www.mypsatests.org.uk](http://www.mypsatests.org.uk) or www.myhealthtests.org.uk

GFCT, 66B Smith Street, Warwick, CV34 4HU

**APPENDIX C - PRE-EVENT ORGANISER CHECK LIST**

* CHECK YOU HAVE ALL MEDICAL AND SUNDRY ITEMS AS PER APPENDIX A
* CHECK YOU HAVE COMPUTER(S), PRINTER(S), CABLES, COPY PAPER, ETC
* CHECK WIFI ACCESS AT YOUR EVENT LOCATION
* CHECK YOU HAVE PRINTED OFF SUFFICIENT ‘WHAT HAPPENS NEXT’ INFORMATION SHEETS FOR EACH MAN
* CHECK YOU HAVE PRINTED OFF THE BOOKING SHEET SUMMARY
* CHECK YOU HAVE LARGE OPAQUE BAG/BOX FOR BLOOD SAMPLES TO BE PACKAGED IN FOR COLLECTION AT THE END OF THE EVENT
* CHECK YOU HAVE THE BLOOD SAMPLE COURIER BOOKED
* CHECK YOUR COMPUTER HELPERS HAVE VISITED MYPSATESTS.ORG.UK AND FAMILIARISED THEMSELVES WITH THE SYSTEM. THERE IS A TEST BOOKING SITE AT THE BOTTOM OF THE EVENTS LIST DATED 31/12/20. CLICK ON THE PRIVATE EVENT BUTTON IN THE TOP RIGHT HAND CORNER THEN ENTER THE WORD “TEST” WHEN IT ASKS FOR A CODE
* IT CANNOT BE STRESSED ENOUGH THAT FOR A SMOOTH RUNNING EVENT IT IS VITAL THAT MOST IF NOT ALL MEN HAVE PRE-BOOKED ON LINE..INTERNET ACCESS CAN NOT ALWAYS BE RELIED ON ESPECIALLY IF YOU HAVE NUMEROUS MEN TRYING TO BOOK IN ALL AT THE SAME TIME
* CHECK YOU HAVE THE APPOINTMENT SHEET FOR YOUR EVENT AND A COPY OF THE QR’s BLOOD FORMS – GFCT WILL SEND A COPY OF THE APPOINTMENT SHEET AND THE QR BLOOD FORMS PDF TO YOU 24 HOURS PRIOR TO YOUR EVENT, SO YOU CAN PRINT THEM OFF.

**APPENDIX D - FOR MEN WHO HAVE NO INTERNET ACCESS**

* ORGANISE A GENERIC EMAIL ADDRESS – FOR PEOPLE WHO DO NOT HAVE INTERNET ACCESS
  + E.g.:- psatestingironbridgelions@gmail.com
* Then open an account on the website. Using your club as the first and surname name
  + E.g.:- First Name = Lions; Second Name = Ironbridge
* Then verify the generic email address against the site.
* Then use this account for all men who do not have internet access.
* Once the first man has been added.
* Log back into your account and go to the booking form. At the bottom of the booking form you will see “ADD BOOKING”
* Click on “ADD BOOKING” and then add your next person.
* ALWAYS REMEMBER TO SELECT A LETTER FOR THE NOTIFICATION OF THE TEST RESULT
* ALWAYS PRINT OFF THE BLOOD FORM FOR THE EVENT – which you will take to the event

**APPENDIX E - WE RECOMMEND YOU PRINT OFF THIS HELP SHEET FOR YOUR RECEPTION HELPERS**

**PLEASE READ CAREFULLY BEFORE COMMENCING**

* ON ARRIVAL MEN ARE CHECKED OFF ON YOUR APPOINTMENT BOOKING SHEET SUMMARY
* PLEASE CHECK THEY HAVE BROUGHT THEIR **QR CODE PSA BOOKING FORM** WITH THEM
* IF THEY ARE ON YOUR APPOINTMENT SHEET BUT HAVE **NOT** BROUGHT THEIR QR CODE PSA BOOKING FORM WITH THEM PLEASE DIRECT THEM TO THE COMPUTER(S) TO LOG ON WITH THEIR PASSWORD AND PRINT OFF THEIR FORM
* OR – HAND THEM THE COPY OF THEIR QR BLOOD FORM – PRINTED FROM THE PDF FILE SENT TO YOU BY GFCT
* THE MEN ARE THEN SHOWN TO THE WAITING AREA **WITH** THEIR QR CODE PSA BOOKING FORM TO WAIT FOR THE NURSE/PHLEBOTOMIST
* THEY MIGHT HAVE BOOKED ONTO THE EVENT AFTER THE APPOINTMENT SHEET IS PRINTED OFF. JUST ADD THEIR NAME TO THE APPOINTMENT SHEET SO THAT YOU KNOW THE FINAL NUMBER OF TESTS.
* IF THEY ARE **NOT ON YOUR APPOINTMENT SHEET** PLEASE DIRECT THEM TO THE COMPUTER(S) SO THEY CAN REGISTER THEMSELVES, BOOK THEIR TIME, FILL IN THE CONSENT FORM AND PRINT OFF THE QR CODE PSA BOOKING FORM. IF THEY DO NOT COMPLETE THE FORM IT WILL NOT ALLOW THEM TO PRINT OFF THEIR QR CODE PSA BOOKING FORM. SOME MEN MAY NEED HELP.

**APPENDIX F – EVENT BOOKING FORM**

This form is required by the office, so that we can upload your event to the mypsatests.org.uk website. When you initially speak to the office, to book your event, this will be sent to you for completion.

| **DATE OF EVENT:** |  | |
| --- | --- | --- |
| **COMPANY / ORGANISATION** |  | |
| **ADDRESS** |  | |
| **POSTCODE** |  | |
| **WEBSITE URL** |  | |
| **ORGANISER / MAIN CONTACT** | Name:  Email:  Phone: | |
| **LABORATORY – NAME** | The Doctors Laboratory (TDL), London | |
| **PAYMENT DETAILS**  *Who will be paying for the tests* | ORGANISATION / INDIVIDUALS  *Please delete as appropriate.* | |
| **EVENT FEE AGREED** | £  *Plus the cost of expenses, mileage at £0.49 pence per mile and train tickets and car parking and accommodation if required* |
| WHICH TESTS DO YOU WISH TO OFFER? *Please tick*   1. PSA 🞏 2. DIABETES 🞏 3. CHOLESTEROL 🞏 4. IRON COUNT 🞏 5. THYROID 🞏 6. LIVER COUNT 🞏 7. KIDNEY FUNCTION 🞏 8. LIVER FUNCTION 🞏 9. VITAMIN D 🞏 10. VITAMIN B12 🞏 11. MENOPAUSE 🞏 |  |
|  |  |
| **ACCOUNTS ADDRESS** |  | |
| **ACCOUNTS EMAIL:** |  | |
| **PURCHASE ORDER NUMBER:** *(if required)* |  | |
|  |  | |
| **EVENT VENUE NAME & ADDRESS** |  |
| **EVENT TYPE** | PRIVATE / OPEN TO GENERAL PUBLIC  *Please delete as appropriate* |
| **EVENT START AND END TIME** | START:  END: |
|  |  |
| **COMPANY ORGANISER CONTACT ON THE DAY OF TESTING** | Name:  Phone: |
| **VENUE TELEPHONE – LAND LINE** |  |
| **ARE YOU ORGANISING YOUR OWN PHLEBOTOMISTS?**  If yes, please indicate lead phlebotomists name and contact details. | YES / NO |
|  |  |
| **Disclaimer:**  It cannot be stressed enough that for a smooth running event it is vital that all men have pre-booked online.  If the client is not booked onto the system and there is no QR blood form we cannot take their blood.  Should you decide to allow drop-ins, you agree that any problems arising from this ARE NOT the responsibility of GFCT.  Signed: …………………………………………………………………………………. Date: ……………………….  NAME IN CAPITALS ………………………………………………………………. | |
|  | |
| **3 weeks before the event**  GFCT will arrange for blood kits to be delivered to the organiser/venue, and arrange for courier collection of the bloods at the end of the event.  Kits will be delivered one week before the event at an address agreed with the organiser. | |
| **One week before the event**  The event will be closed 48 hours prior to the date of the event.  Check you have the appointment sheet for your event and a copy of the QR blood forms –GFCT will send a copy of the appointment sheet and the QR blood forms - as a pdf - to you 24 hours prior to your event, so you can print them off.  If you do not have the facility to print off the blood forms, please let us know 10 working days prior. We will then agree a date with you to close the event and mail the forms to you. Thank you. | |

**APPENDIX G**

**Instructions how to book YOUR PSA APPOINTMENT online**

 Go to [www.mypsatests.org.uk](http://www.mypsatests.org.uk)

1. Register on the site in the registration box on the home page
2. An email will be sent, please verify your account
3. Log back into the website
4. Select the event you wish to book
5. Select the time you wish to attend
6. Complete the questionnaires,
7. PRINT OFF THE BLOOD REQUEST FORM at the end of the process.
8. BRING THE BLOOD REQUEST FORM WITH YOU – THIS IS EXTREMELY IMPORTANT

**APPENDIX H**

**Instructions how to book YOUR PSA APPOINTMENT online IF YOU ARE ATTENDING A CLOSED / PRIVATE EVENT**

Go to [www.mypsatests.org.uk](http://www.mypsatests.org.uk)

* 1. Register on the site in the registration box on the home page
  2. An email will be sent, please verify your account
  3. Log back into the website
  4. Select the event you wish to book
  5. A small yellow box will appear in the top right of your screen
  6. You will need to put the password you have been given by your event organiser
  7. Select the time you wish to attend
  8. Complete the questionnaires
  9. Download your BLOOD REQUEST FORM
  10. PRINT OFF THE BLOOD REQUEST FORM at the end of the process.
  11. BRING THE BLOOD REQUEST FORM WITH YOU – THIS IS EXTREMELY IMPORTANT

**APPENDIX I**

**WE RECOMMEND YOU PRINT OFF THIS HELP SHEET FOR YOUR PHLEBOTOMISTS**

**PLEASE READ CAREFULLY BEFORE COMMENCING**

1. WHEN READY CALL MEN OVER
2. ASK THEM FOR THEIR BOOKING FORM
3. ASK THE MAN TO VERIFY HIS NAME AND DOB AND THAT IT TALLIES WITH HIS QR CODE PSA BOOKING FORM
4. TAKE BLOOD SAMPLE FILL IN THE LABEL ON THE TUBE WITH NAME, DOB AND CURRENT DATE. Should the incorrect birthdate or name show on his blood form, ensure the same date and name is put on the blood test. The gentleman should be asked to revisit the website to amend his NAME or DOB as it could affect the colour of his letter.
5. DETACH/CUT THE BOTTOM PART OF THE QR CODE PSA BOOKING FORM AND PLACE IN THE PLASTIC SAMPLE BAG IF BEING COLLECTED BY COURIER OR PRE-PAID ENVELOPE (IF BEING POSTED) WITH THE SAMPLE.
6. RETAIN THE TOP PART OF THE FORM TO BE GIVEN TO THE ORGANISERS AT THE END OF THE EVENT
7. GIVE THE MAN THE ‘**WHAT HAPPENS NEXT’** INFORMATION SHEET
8. AT THE END OF THE EVENT BAG UP ALL SAMPLES AND EITHER POST THEM IN THE PRE-PAID ENVELOPE OR PUT IN A NON-SEE THROUGH BAG/BOX/CONTAINER FOR COLLECTION BY THE COURIER. MAKE SURE THE BOTTOM PART OF THE FORM IS IN WITH EACH SAMPLE.
9. AT THE END OF THE EVENING, THE PHLEBOTOMISTS TO DOUBLE COUNT THE BLOODS [COUNT IN BAGS OF 100].

**APPENDIX J**

WHAT HAPPENS NEXT?

# If you have elected to get your result electronically – from your PSA account – you will receive an email within a few days of the event informing you that your result is available to be accessed.

# YOUR EMAIL ADDRESS PASSWORD REMINDER

# What you need to do is: -

# Log on to: [www.mypsatests](http://www.mypsatests).org.uk

# Put in your email address and password. These will be verified for security reasons.

# Once your email has been verified you will be able to access your test result.

# When you have access to your account download your result so that you have your result in letter format.

# If you do not wish to download the result, your result/results can be accessed at any time in the future by using your email and password.

# If you have elected to get your result by post this should be with you within 7 to 10 days of the event.

If you haven’t received your result within 10 days of the event please phone 01926 419959 or email [info@tgfct.org.uk](mailto:info@tgfct.org.uk)



ALL MEN AGED 40 AND OVER

**PSA BLOOD TESTING EVENING**

**Detecting the early signs of prostate disease**

**THURSDAY 20TH FEBRUARY 2020**

AT: **THE NELSON CLUB**

CHARLES STREET,

WARWICK

CV34 5LE

**NEW!!!**

**NOW PLEASE REGISTER & BOOK YOUR TIMESLOT ONLINE BY VISITING**

mypsatests.org.uk

**6.00PM TO 8.30PM**

[www.mypsatests](http://www.mypsatests).org.uk

**A DONATION TOWARDS THE COST OF EACH TEST WOULD BE GRATEFULLY RECEIVED**

***RAISING PROSTATE HEALTH AWARENESS***

*Charity Number* 1109385



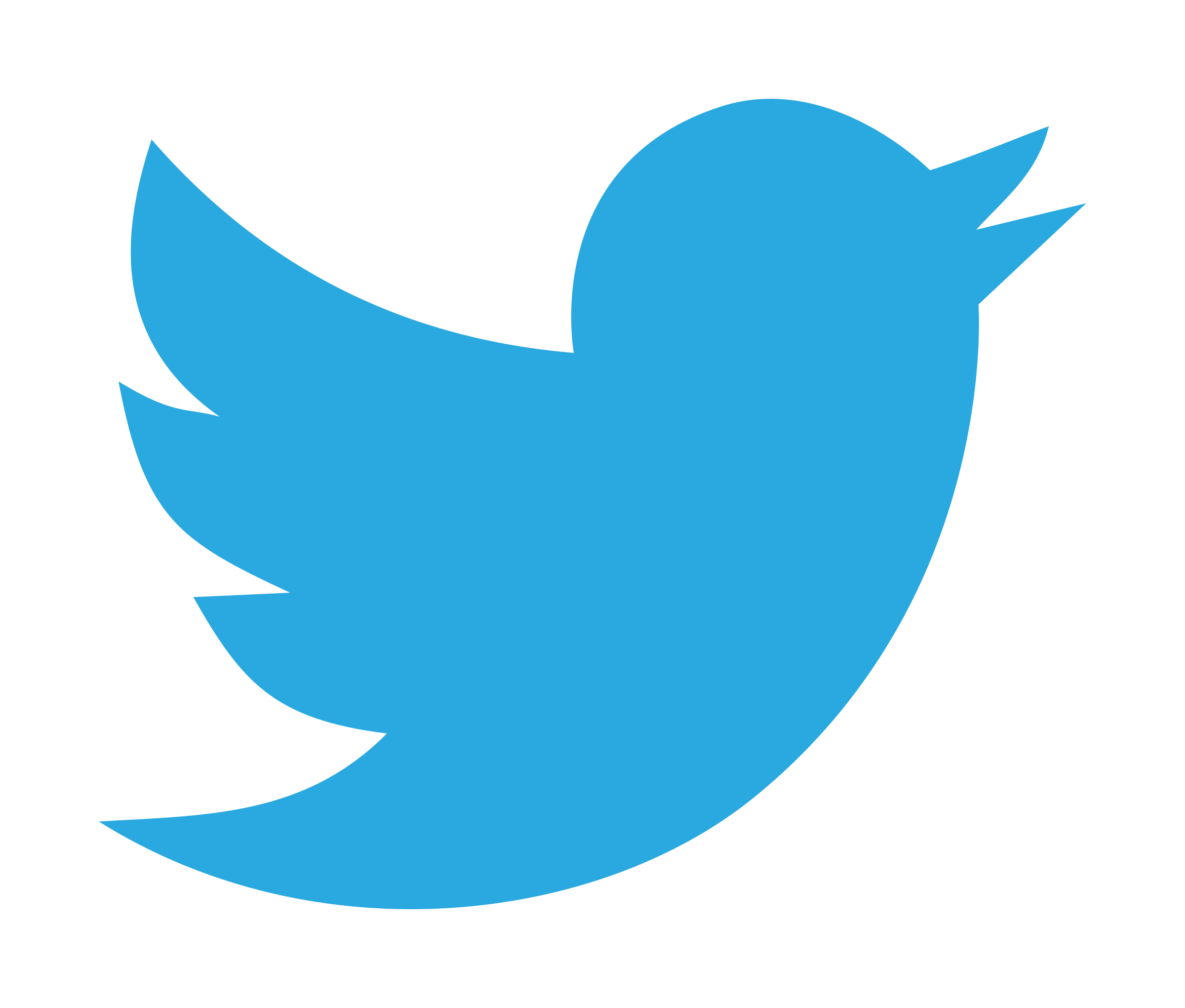
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@PSA\_Tests





ALL MEN AGED 40 AND OVER

**PROSTATE HEALTH SCREENING**

**HOME TESTING KITS**

**NOW AVAILABLE**

**A NEW SERVICE!!!**

**Detecting the early signs of prostate disease**

**You can now do your PROSTATE HEALTH SCREENING AWARENESS TEST in the comfort of your own home – by way of a simple finger prick test.**

**ORDER YOUR TEST**

www.mypsatests.org.uk

*RAISING PROSTATE HEALTH AWARENESS*

*Charity Number* 1109385

info@psatests.org.uk

Telephone 01926 419959

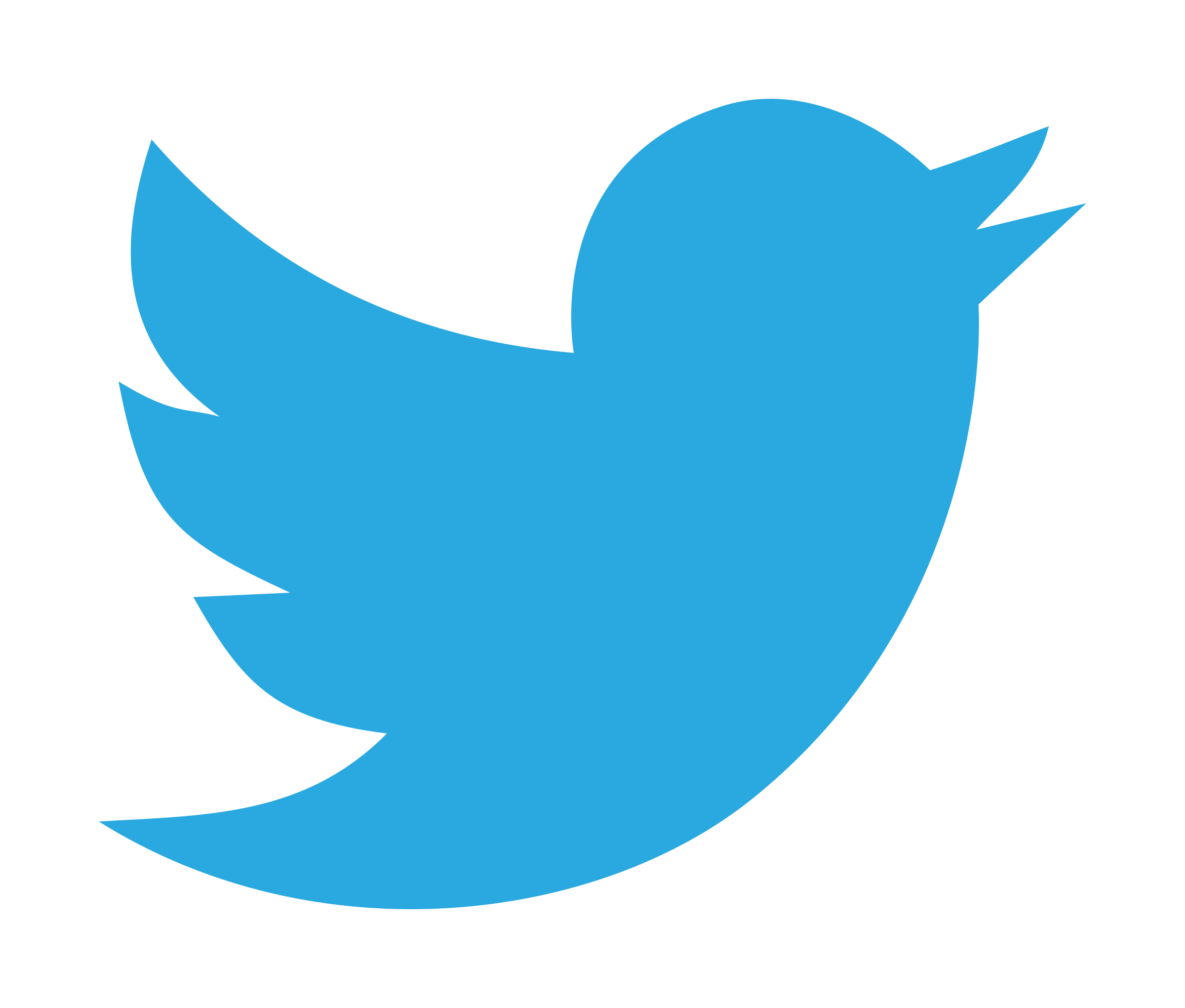
Like us on Facebook

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Follow us on Twitter

@PSA\_Tests





|  |  |
| --- | --- |
| Mr Test  Test House  Test Road  Test  TE12 34ST | Tuesday, 23 July 2024  **GREEN PSA RESULT**  D.O.B: **16/09/1963**  PSA Total: **0.68** ng/ml  Free-to-Total Ratio: |

Dear Mr Test

The result of your PSA blood test on **18/10/2019** indicates that your Prostate Specific Antigen (PSA) level is as shown above; the Free-to-Total Ratio is also shown if available. If you are taking Finasteride (Proscar or Propecia) or Dutasteride (Avodart or Combodart) it is understood the “true” value of your PSA could be approximately double that shown.

Whilst this appears “normal” within the guidelines outlined below, you should be aware that even with a normal PSA there is still a chance of having prostate disease. Therefore, if you are having problems visiting the toilet very frequently, making several visits during the night, having to rush to the toilet urgently, waiting a long time to start, only having a weak stream, passing blood or experiencing incontinence you would still be advised to see your GP. In any event, it is recommended that you have the test repeated at regular intervals, in consultation with your GP.

Suggested International retesting guidelines on prostate cancer screening.

If your PSA is less than 1.0 ng/ml then return for testing every 3 years.

If your PSA is between 1.0 and 3.0 ng/ml then return for testing every year.

As a general rule, the closer your result is to the upper limit of the guideline for your age, the more regularly you should be tested.

**GFCT**

Age-related referral values for total PSA levels as used by a number of leading NHS hospitals

|  |  |  |  |
| --- | --- | --- | --- |
| Age Range | **Green** | **Amber** | **Red** |
| Under 50 | Less than 2.0 | 2.0 - 3.0 | Over 3.0 |
| Under 60 | Less than 3.0 | 3.0 – 4.0 | Over 4.0 |
| Under 70 | Less than 4.0 | 4.0 – 5.0 | Over 5.0 |
| 70 and over | Less than 5.0 | 5.0 – 6.0 | Over 6.0 |

*Although expert opinions vary, there is no clear consensus regarding the optimal PSA threshold for recommending referral for further investigations. The Prostate Cancer Risk Management Programme (2016) issued by Public Health England, recommends PSA levels greater than* ***3.0 ng/ml*** *for men in the* ***50-69 age group*** *should be referred. There are no recommended referral levels for men aged 70 and over, or men aged under 50. Your GP and/or urologist will advise you on this.*

***Letter produced by GFCT – Website: -*** [***www.psatests.org.uk***](http://www.psatests.org.uk)



[www.psatests.org.uk](http://www.psatests.org.uk)

|  |  |
| --- | --- |
| Mr PSA Test  Test House  Test Road  Test  TE1 2ST | Tuesday, 23 July 2024  **AMBER PSA RESULT**  D.O.B: **05/04/1948**  PSA Total: **5.07** ng/ml  Free-to-Total Ratio: **0.07** |

Dear Mr Test

The result of your PSA blood test on **21/03/2019** indicates that your Prostate Specific Antigen (PSA) level is as shown above; the Free-to-Total Ratio is also shown if available. If you are taking Finasteride (Proscar or Propecia) or Dutasteride (Avodart or Combodart) it is understood the “true” value of your PSA could be approximately double that shown.

You will see this result is “borderline” within the guidelines outlined below. You are recommended, therefore, to contact your Doctor for a follow-up test. We understand that some medications may reduce the level of PSA indicated in the test, and ejaculation within the 48 hours before the test or very vigorous exercise, particularly cycling, may increase the level. Infections of the prostate can also raise PSA levels.

**GFCT**

Age-related referral values for total PSA levels as used by a number of leading NHS hospitals

|  |  |  |  |
| --- | --- | --- | --- |
| Age Range | **Green** | **Amber** | **Red** |
| Under 50 | Less than 2.0 | 2.0 – 3.0 | Over 3.0 |
| Under 60 | Less than 3.0 | 3.0 – 4.0 | Over 4.0 |
| Under 70 | Less than 4.0 | 4.0 – 5.0 | Over 5.0 |
| 70 and over | Less than 5.0 | 5.0 – 6.0 | Over 6.0 |

*Although expert opinions vary, there is no clear consensus regarding the optimal PSA threshold for recommending referral for further investigations. The Prostate Cancer Risk Management Programme (2016) issued by Public Health England, recommends PSA levels greater than* ***3.0 ng/ml*** *for men in the* ***50-69 age group*** *should be referred. There are no recommended referral levels for men aged 70 and over, or men aged under 50. Your GP and/or urologist will advise you on this.*

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It is our policy to follow up this letter after 12 months to see how you’ve got on. If you’d prefer not to receive such a follow up, please let us know.

Contact details are on our website: [www.psatests](http://www.psatests).org.uk



[www.psatests](http://www.psatests).org.uk

|  |  |
| --- | --- |
| Mr PSA Test  Test House  Test Road  Test  TE1 2ST | Tuesday, 23 July 2024  **RED PSA RESULT**  D.O.B: **14/03/1951**  PSA Total: **5.2** ng/ml  Free-to-Total Ratio:0.11 |

Dear Mr Test

The result of your PSA blood test on **03/09/2020** indicates that your Prostate Specific Antigen (PSA) level is as shown above; the Free-to-Total Ratio is also shown if available.

This result is abnormal and outside the guideline range below for a man of your age. It does not necessarily imply there is anything seriously wrong with your prostate but you are strongly advised to see your doctor to repeat your PSA, examine you and, if necessary, refer you to a specialist urologist possibly under the 2 week wait criterion, especially if the repeated PSA result remains above the limit for your age.

NB: Ejaculation, vigorous exercise, particularly cycling, may increase the PSA level; please avoid these for 48 hours prior to your repeat tests.

If you are taking Finasteride (Proscar or Propecia) or Dutasteride (Avodart or Combodart), the “true” value of your PSA will be approximately double that shown above.

Age-related referral values for total PSA levels as used by a number of leading NHS hospitals

**GFCT**

Age-related referral values for total PSA levels as used by a number of leading NHS hospitals

|  |  |  |  |
| --- | --- | --- | --- |
| Age Range | **Green** | **Amber** | **Red** |
| Under 50 | Less than 2.0 | 2.0 – 3.0 | Over 3.0 |
| Under 60 | Less than 3.0 | 3.0 – 4.0 | Over 4.0 |
| Under 70 | Less than 4.0 | 4.0 – 5.0 | Over 5.0 |
| 70 and over | Less than 5.0 | 5.0 – 6.0 | Over 6.0 |

***FOR MORE INFORMATION ABOUT REFERRAL LEVELS AND OTHER FACTORS AFFECTING PSA SCORES – PLEASE TURN OVER***

It is our policy to follow up this letter after 6 months to see how you’ve got on. If you’d prefer not to receive such a follow up, please let us know.

Contact details are on our website: [www.psatests](http://www.psatests).org.uk

**Red Letter Information Sheet**

1. Although expert opinions vary, there is no clear consensus regarding the optimal PSA threshold for recommending referral for further investigations. The Prostate Cancer Risk Management Programme (2016) issued by Public Health England, recommends PSA levels greater than **3.0 ng/ml** for men in the **50-69 age group** should be referred. There are no recommended referral levels for men aged 70 and over, or men aged under 50. Your GP and/or urologist will advise you on this.
2. It is generally accepted that 75% of all raised scores are not because prostate cancer is present but because of something like a simple urinary tract infection; benign prostate hyperplasia (BPH); prostatitis or indeed simply a one-off high reading.
3. Given these statistics an early discussion with your GP and a repeat test seems sensible. Please take this information sheet with you.
4. The revised Gov.Uk Prostate Cancer Risk Management Programme (PCRMP) published on 29th March 2016 includes the following statement “Studies have suggested that reflex testing with PSA Isoforms, such as ratio of Free to Total PSA (f/t + PSA) for men with PSA values <10ng/ml (known as the diagnostic ‘grey zone’) could improve specificity and reduce the number of unnecessary biopsies”. For full details of the PCRMP please visit [***www.gov***](http://www.gov)***.uk/government/publications/prostate-cancer-risk-management-programme-psa-test-benefits-and-risks***
5. A “Free to Total Ratio” is a more refined PSA test.
6. GFCT statistics, based on over 140,000 tests carried out across the UK from 2004 fully support this statement and in more than 1000 cancers found to date where Free to Total ratios were available, and the ratio was less than 10% the probability of cancer being present was over 88%. The Free to Total test is a simple, inexpensive blood test. The benefits of having such a test should be discussed with your GP.
7. Since there are downside risks of having a prostate biopsy, in addition to determining your Free to Total ratio we believe you may want to discuss with your GP/specialist other available possible prostate cancer indicators including such things as an MRI scan BEFORE embarking on prostate biopsy.
8. There is now a wealth of information available on the subject of Prostate Cancer. The following are just a few links you might like to follow:

**psatests.org.uk**

**chaps.uk.com**

**prostatecanceruk.org**

[**www.cancerresearchuk**](http://www.cancerresearchuk)**.org**

**tackleprostate.org**



**NOTES ON THE THREE MOST USED PROSTATE CANCER TREATMENTS**

As outlined in your Red letter there is a 75% likelihood that the reason for your raised PSA score will not be because of the presence of Prostate Cancer. We set out below some brief notes on the three most used treatments we’ve come across in the near 2000 prostate cancer finds we’ve been involved in working with other Groups. We would stress that we DO NOT give specific medical advice, but we hope these notes may be useful in any discussions you may have with your GP. There are also links to various sources of information outlined on the back of your letter.

**Active Surveillance (21% of treatments)**

This is where it’s decided to take no immediate action but to carry on monitoring your PSA Score and other factors affecting your health. This is often the option chosen where it’s believed there is a slow growing or low-grade cancer. If the monitoring shows signs of change a more active approach may then be considered. It’s interesting to note that when we started testing around 14 years ago 16% of men were put on this regime initially and this has now risen to around 30%....indicating the lessons of potential over treatment have been learned and a more cautious approach is being adopted.

**Radical Prostatectomy (26% of treatments)**

This is where it’s considered there will be a benefit in removing the cancer surgically and is frequently the treatment of choice where the cancer is considered to be aggressive but is contained within the prostate gland itself. The main drawbacks of this option are the risk of Incontinence and/or Impotency. These risks can be reduced with the use of modern techniques such as Robotic Surgery.

**Radiotherapy (33% of treatments)**

This is where the cancerous tissue is subjected to either external beam radiation (IMRT) or radioactive implants placed around the cancer (Brachytherapy). Radiation treatments are shown to be effective in destroying cancer, thereby reducing the risks of surgery. Due to radiation passing through the body, it does however carry the risk of collateral damage to surrounding organs and tissues, particularly the rectal passage. These risks and long-term side effects may be reduced by the use of a new prostate-rectum spacing gel called SpaceOAR. SpaceOAR Hydrogel is developed by Boston Scientific, copy of the patient leaflet for this option is enclosed for your information.

 [www.psatests.org.uk](http://www.psatests.org.uk)

|  |  |
| --- | --- |
| Mr Test  Test House  Test Road  Test  TE1 2ST | Tuesday, 23 July 2024  **GREEN PSA RESULT**  **[AMBER ALERT LETTER]**  D.O.B : **16/09/1963**  PSA Total: 2.57 ng/ml  Free-to-Total Ratio: **0.28** |

Dear Mr Test

The result of your PSA blood test on **12/2/2018** indicates that your Prostate Specific Antigen (PSA) level is as shown above; the Free-to-Total Ratio is also shown if available. If you are taking Finasteride (Proscar or Propecia) or Dutasteride (Avodart or Combodart) it is understood the “true” value of your PSA could be approximately double that shown.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **PSA Test History (maximum latest six tests)** | | | | |
| **Test Date** | **Age** | **PSA Total** | **Percentage change** | **Free-to-Total Ratio** |
| 02/12/2018 | 55 | 1.75 |  | 0.29 |
| 01/12/2019 | 56 | 2.57 | 47 | 0.28 |

Whilst this appears “normal” within the guidelines outlined in the table below, an analysis of the rising trend (as shown in the table above) indicates this may move to ‘Amber’ if the current rate of change continues. Men’s scores will fluctuate and over time we can expect them to increase with age, but in view of your rising PSA, it is suggested that you consult with your GP.

You should be aware that even with a normal PSA there is still a chance of having prostate disease. Therefore, if you are having problems visiting the toilet very frequently, making several visits during the night, having to rush to the toilet urgently, waiting a long time to start, only having a weak stream, passing blood or experiencing incontinence you would still be advised to see your GP. In any event it is recommended that you have the test repeated at regular intervals, in consultation with your GP.

**GFCT**

Age-related referral values for total PSA levels as used by a number of leading NHS hospitals

|  |  |  |  |
| --- | --- | --- | --- |
| Age Range | **Green** | **Amber** | **Red** |
| Under 50 | Less than 2.0 | 2.0 – 3.0 | Over 3.0 |
| Under 60 | Less than 3.0 | 3.0 – 4.0 | Over 4.0 |
| Under 70 | Less than 4.0 | 4.0 – 5.0 | Over 5.0 |
| 70 and over | Less than 5.0 | 5.0 – 6.0 | Over 6.0 |

*Although expert opinions vary, there is no clear consensus regarding the optimal PSA threshold for recommending referral for further investigations. The Prostate Cancer Risk Management Programme (2016) issued by Public Health England, recommends PSA levels greater than* ***3.0 ng/ml*** *for men in the* ***50-69 age group*** *should be referred. There are no recommended referral levels for men aged 70 and over, or men aged under 50. Your GP and/or urologist will advise you on this.*

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[www.psatests.org.uk](http://www.psatests.org.uk)

|  |  |
| --- | --- |
| Mr Test  Test House  Test Road  Test  TE1 2ST | Tuesday, 23 July 2024  **GREEN PSA RESULT**  **[RED ALERT LETTER]**  D.O.B : **16/09/1963**  PSA Total: 2.75 ng/ml  Free-to-Total Ratio: **0.29** |

Dear Mr Test

The result of your PSA blood test on **12/2/2018** indicates that your Prostate Specific Antigen (PSA) level is as shown above; the Free-to-Total Ratio is also shown if available. If you are taking Finasteride (Proscar or Propecia) or Dutasteride (Avodart or Combodart) it is understood the “true” value of your PSA could be approximately double that shown.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **PSA Test History (latest six tests)** | | | | |
| **Test Date** | **Age** | **PSA Total** | **Percentage change** | **Free-to-Total Ratio** |
| 02/12/2018 | 55 | 1.25 |  |  |
| 01/12/2019 | 56 | 2.75 | 120 | 0.29 |

Whilst this appears “normal” within the guidelines outlined in the table below, an analysis of the rising trend (as shown in the table above) indicates this may move to ‘Red’ if the current rate of change continues. Men’s scores will fluctuate and over time we can expect them to increase with age, but in view of your rising PSA, it is suggested that you consult with your GP.

You should be aware that even with a normal PSA there is still a chance of having prostate disease. Therefore, if you are having problems visiting the toilet very frequently, making several visits during the night, having to rush to the toilet urgently, waiting a long time to start, only having a weak stream, passing blood or experiencing incontinence you would still be advised to see your GP. In any event it is recommended that you have the test repeated at regular intervals, in consultation with your GP.

**GFCT**

Age-related referral values for total PSA levels as used by a number of leading NHS hospitals

|  |  |  |  |
| --- | --- | --- | --- |
| Age Range | **Green** | **Amber** | **Red** |
| Under 50 | Less than 2.0 | 2.0 – 3.0 | Over 3.0 |
| Under 60 | Less than 3.0 | 3.0 – 4.0 | Over 4.0 |
| Under 70 | Less than 4.0 | 4.0 – 5.0 | Over 5.0 |
| 70 and over | Less than 5.0 | 5.0 – 6.0 | Over 6.0 |

*Although expert opinions vary, there is no clear consensus regarding the optimal PSA threshold for recommending referral for further investigations. The Prostate Cancer Risk Management Programme (2016) issued by Public Health England, recommends PSA levels greater than* ***3.0 ng/ml*** *for men in the* ***50-69 age group*** *should be referred. There are no recommended referral levels for men aged 70 and over, or men aged under 50. Your GP and/or urologist will advise you on this.*

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A close up of a logo

Description automatically generated

|  |
| --- |
| Tuesday, 07 April 2020  **MEDICATION AFFECTED PSA RESULT**  D.O.B: **06/12/1963**  PSA Total: **3.2 ng/ml**  Free-to-Total **0.28** |
|  |

Mr Test

Test Road

Test

TE12 34ST

Dear Mr Test

We note that you have ticked the box which indicates you are taking one of the following medicines.

**Proscar / Propecia (Finasteride) – Avodart (Dutasteride) – Combodart (Dutasteride)**

We have been advised that these medications can mask the “true” value of a PSA score by as much as 50%. So therefore your PSA test on **24/03/2019** in Slough could be as much as double that of the value shown above.

We would therefore advise you consult with your GP as to whether any follow up action is required.

We set out below guidelines of “Normal” (Green) “Borderline” (Amber) and “Abnormal” (Red) scores for various Age Ranges.

**GFCT**

Age-related referral values for total PSA levels as used by a number of leading NHS hospitals

|  |  |  |  |
| --- | --- | --- | --- |
| Age Range | **Green** | **Amber** | **Red** |
| Under 50 | Less than 2.0 | 2.0 – 3.0 | Over 3.0 |
| Under 60 | Less than 3.0 | 3.0 – 4.0 | Over 4.0 |
| Under 70 | Less than 4.0 | 4.0 – 5.0 | Over 5.0 |
| 70 and over | Less than 5.0 | 5.0 – 6.0 | Over 6.0 |

*Although expert opinions vary, there is no clear consensus regarding the optimal PSA threshold for recommending referral for further investigations. The Prostate Cancer Risk Management Programme (2016) issued by Public Health England, recommends PSA levels greater than* ***3.0 ng/ml*** *for men in the* ***50-69 age group*** *should be referred. There are no recommended referral levels for men aged 70 and over, or men aged under 50. Your GP and/or urologist will advise you on this.*

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[**www.psatests.org.uk**](http://www.psatests.org.uk)

|  |  |
| --- | --- |
|  | Tuesday, 23 July 2024  **FOLLOW UP LETTER**  **SENT BY EMAIL** |

Dear Mr Test

**PSA Research**

As a follow up to your recent PSA test, we at GFCT would be very grateful if you could provide us with some information on any treatment that you have received.

Any information that you share with us would be treated as confidential and in line with the government data protection legislation as we appreciate the personal nature of the subject matter. We collate this information as we hope that in the future it could be used to inform the relevant decision makers on how they can best tackle prostate cancer. The information we are asking for is as follows:

If you have received any further investigations or treatment from your doctor or specialist outlining the course of action your doctor took, and the treatment you have received.

We work alongside David Baxter Smith, now a Retired Consultant Urological Surgeon, although retired, he is still processing and compiling the research on our behalf.

Yours sincerely

**GFCT**

66B Smith Street, Warwick, CV34 4HU. Tel> 01926 419959

Web> info@psatests.org.uk

[**www.psatests.org.uk**](http://www.psatests.org.uk)

|  |  |
| --- | --- |
|  | Tuesday, 23 July 2024  **FOLLOW UP LETTER**  **SENT BY EMAIL** |

Dear Mr Test

**GENTLE REMINDER**

As a follow up to your recent PSA test, we at GFCT would be very grateful if you could provide us with some information on any treatment that you have received.

Any information that you share with us would be treated as confidential and in line with the government data protection legislation as we appreciate the personal nature of the subject matter. We collate this information as we hope that in the future it could be used to inform the relevant decision makers on how they can best tackle prostate cancer. The information we are asking for is as follows:

If you have received any further investigations or treatment from your doctor or specialist outlining the course of action your doctor took, and the treatment you have received.

We work alongside David Baxter Smith, now a Retired Consultant Urological Surgeon, although retired, he is still processing and compiling the research on our behalf.

Yours sincerely

**GFCT**

66B Smith Street, Warwick, CV34 4HU. Tel> 01926 419959

Web> info@psatests.org.uk





[**www.psatests.org.uk**](http://www.psatests.org.uk)

|  |  |
| --- | --- |
| Mr Test  Test House  Test Road  Test  TE1 2ST | Tuesday, 23 July 2024  **INSUFFICIENT BLOODS** |

Dear Mr Test

We regret to inform you that we are unable to provide you with the result of your PSA blood test taken on **«Test\_Date»** because of an insufficient sample size.

We sincerely apologise for this occurring, which unfortunately is outside our control.

There are a couple of options: -

1. Please contact us on 01926 419959 or email us at to ask us to send you a home testing kit, for which there will be no charge, please contact us on the number below or email us at:- [info@psatests.org.uk](mailto:info@psatests.org.uk).
2. If this option is not for you please look at our events calendar on [www.mypsatests.org.uk](http://www.mypsatests.org.uk) for an event near you to be retested.

Yours sincerely

**GFCT**

66B Smith Street, Warwick, CV34 4HU. Tel> 01926 419959

Web> info@psatests.org.uk

**OUR MISSION STATEMENT**

**“IS TO TEST AS MANY MEN AS POSSIBLE TO ENSURE EARLY DIAGNOSIS”**

**PLEASE REMEMBER – WE ARE HERE TO ASSIST YOU AT ALL TIMES**

**IF YOU HAVE ANY QUESTIONS PLEASE CONTACT THE OFFICE ON**

**01926 419959**

**OR**

**EMAIL :- INFO@PSATESTS.ORG.UK**